



Bharatiya Vidya Bhavan's

Sardar Patel College of Engineering

Bhavan's College Campus, Munshi Nagar, Andheri (W), Mumbai 400058
(Govt. Aided Autonomous Institute under University of Mumbai)



NOTICE: Training Sessions by the Student Counsellors

Date: 7th July 2021

All the students are hereby informed that our student counselors will be conducting student guidance / training sessions as per following schedule:

Sr. No.	Topic	Counselor	Date	Day
1	Overview of Counselling Services	AJP, MU	5-Jul-2021	Monday
2	Introduction of Vishwas Mentorship programme	MU/AJP	8-Jul-2021	Thursday
3	Importance of Mental Health	MU, AJP	12-Jul-2021	Monday
4	Corporate Code of Conduct	AJP	19-Jul-2021	Thursday
5	Group Discussion Basics	AJP	26-Jul-2021	Monday
6	Personality Development	MU	15-Jul-2021	Thursday
7	Personality Test	MU	22-Jul-2021	Monday
8	Six Thinking Hats	AJP	2-Aug-2021	Thursday
9	Where to use Six Thinking Hats	AJP	9-Aug-2021	Monday
10	Anger Management	MU	29-Jul-2021	Thursday
11	Anxiety and Stress Management	MU	5-Aug-2021	Monday
12	EFT and Mindfulness	MU	12-Aug-2021	Thursday
13	Sample GD on topic decided by the students	AJP, MU	16-Aug-2021	Monday
14	Healthy Habits 1	AJP	23-Aug-2021	Thursday
15	Healthy Habits 2	AJP	30-Aug-2021	Monday
16	Discussion of Habits	AJP	6-Sep-2021	Thursday
17	Managing and finding your Career Direction	MU	19-Aug-2021	Monday
18	How to create a Personal Learning Plan	MU	26-Aug-2021	Thursday
19	Suicide Awareness, Prevention and Information	MU	2-Sep-2021	Monday
20	Sample GD on topic decided by the students	MU	9-Sep-2021	Thursday
21	Value Engineering	AJP	13-Sep-2021	Monday
22	Self Esteem, Self Awareness	MU	16-Sep-2021	Thursday
23	Building your Confidence	AJP	20-Sep-2021	Monday
25	Dealing with Failure	MU	24-Sep-2021	Thursday
26	Goal Setting	AJP	27-Sep-2021	Monday

MU: Ms. Mona Upadhyaya

AJP: Mr. Anil J. Patil

Timing of all the sessions will be **everyday 3.00 pm**

The link for joining all the sessions: <https://meet.google.com/uiy-hsag-fpf>

All the students are advised to attend these sessions and get benefit of guidance from the Counsellors.

For any queries regarding counseling facilities, students can write to the undersigned at tpo@spce.ac.in

Students may feel free to approach the counselors if they need any help through difficulty and to find better ways of managing their things.

Dr. Rahul T. Dahatonde
Training & Placement Officer

Copy to: Head – Civil / Electrical / Mechanical / First Year / Website
for information and intimation to students